

## **NATIONAL SERVICE SCHEME (NSS) 2015-2016**

**Programme Officers:** 1. Prof. Maya Hande  
2. Prof. Prabhakar Musam

**Teacher Members :** 1. Prof. Anuja Narvankar  
2. Prof. Murugesh Chandran

### **Advisory Committee :**

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2. Mr. Pandit Gavit (Health Dept., P/S ward, Goregaon)
3. Mrs. Swati Rane (Social Worker, Anubhav Mumbai)
4. Dr. Swati Desai (District Co-ordinator, NSS western zone)
5. Prof. Anuja Narvankar (Teacher Member)
6. Prof. Murugesh Chandran (Teacher Member)
7. Mr. Amrut Desai (S.Y.B.A & F.) (Student Member)
8. Mr. Murtaza Kagzi (S.Y.B.COM.) (Student Member)
9. Mr. Prashant Yadav (T.Y.B.COM.) (Student Member)
10. Ms. Avani Tawadia (T.Y. B. A & F.) (Student Member)
11. Ms. Nikita Chogale (T.Y.B.B & I) (Student Member)
12. Prof. Maya Hande (NSS PO)
13. Prof. Prabhakar Musam (NSS PO)

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3. Ms. Kanchan Batkar (S.Y. B. A & F.)
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### **Core Committee Members:**

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2. Ms. Mayuri Gangan (S.Y.B.COM.)
3. Mr. Benin Albert (S.Y.B. Sc.IT)
4. Ms. Neha Joshi (S.Y. B. A & F.)

## **NSS ACTIVITIES DURING ACADEMIC YEAR 2015-16**

### **A) COMMUNITY BASED PROJECTS –**

Under community-based projects, NSS Volunteers participated in total 08 projects.

#### **1. TEACHING IN OPEN BALWADI IN BHAGAT SINGH NAGAR:**

As Bhagat Singh Nagar is adopted area of college NSS Unit, our NSS volunteers taught 5<sup>th</sup> to 10<sup>th</sup> std. students for 2 hours every day. Our volunteers taught them subjects like Science, Mathematics, Geometry, History, Moral values etc. This project was conducted throughout the year. NSS Volunteers also celebrated Diwali, Christmas and Children's Day with children of open balwadi. Volunteers also performed street play on Swaccha Bharat for them.

#### **2. PUNARVAS:**

Punarvas is a school for physically and mentally challenged children in Goregaon west. This project was selected to sensitize NSS Volunteers about physically and mentally challenged children. Under this project following activities were conducted:

- a. Everyday our NSS Volunteers helped teachers and students for 02 hours in their daily activities. NSS volunteers also helped them in making various articles like Diwali Diyas, Decorative articles, small purses, earrings etc.
- b. NSS Volunteers sold total 117 Rakhis made by children of Punarvas on 25<sup>th</sup> and 26<sup>th</sup> August, 2015.
- c. NSS Volunteers sold Diwali Diyas made by children of Punarvas from 25<sup>th</sup> to 31<sup>st</sup> Oct., 2015 in college premises as well as in their residential areas. Volunteers sold Diyas of amount Rs. 3,500/-
- d. NSS volunteers organised exhibition cum sale of the articles made by children of Punarvas in college premises. Volunteers sold articles of amount Rs. 4,000/-.
- e. NSS Volunteers participated in the rally organised by Punarvas on 3<sup>rd</sup> December, 2015 on account of International Physically challenged Day.

#### **3. GANPATI IMMERSION**

As NSS volunteers helped Traffic control department and Goregaon Police Station on 2<sup>nd</sup> day, Gauri Visarjan (5<sup>th</sup> Day), 7<sup>th</sup> Day and Ananth Chaturdashi (10<sup>th</sup> day) of Ganpati Immersion in month of September, 2015.

#### **4. WASTE PAPER MANGEMENT:**

This is one of the innovative projects of our NSS unit. Under this project NSS Volunteers collect waste papers from college premises and their residential areas on continuous basis throughout the year. These waste papers are sent for recycling to Parisar Vikas Wing of Stree Mukti Sanghatana. From the recycled papers, we get note books which we distribute to students in Adivasi School in Sakhare, Vangaon. This year total 352 kgs of waste papers collected and sent for recycling.

#### **5. BASIC COURSE IN CIVIL DEFENCE.**

Basic course in civil defence was organized from 19<sup>th</sup> Oct., 2015 to 31<sup>st</sup> Oct., 2015 in association with Civil Defence office, Goregaon (W). Total 64 NSS volunteers completed the course. In this course volunteers were trained in basic first aid and use of basic emergency knots. They were also informed about CPR, types of fire extinguishers, types of bombs etc.

#### **6. CHENNAI RELIEF DRIVE**

NSS volunteers collected materials like clothes, food grains, bed sheets, blankets, ready to eat items for Chennai flood affected people. NSS volunteers also helped in segregating and packing of materials for Chennai flood affected people from 7<sup>th</sup> December, 2015 to 11<sup>th</sup> December, 2015.

#### **7. ROAD SAFETY PROJECT**

This is a new community-based project started from this year. Under this project following activities were conducted:

- a. Our NSS volunteers helped Traffic Control Dept., Aarey Check Naka, Goregaon (East) in traffic control from 4<sup>th</sup> Jan., to 11<sup>th</sup> Jan., 2016 and from 20<sup>th</sup> Jan., to 31<sup>st</sup> Jan., 2016.
- b. On 08<sup>th</sup> January, 2016, a guest lecture on Road Safety was organized in association with Brahamakumaris.
- c. NSS volunteers participated in the Marathon 'Run for Road Safety' organized by Brahamakumaris on 10<sup>th</sup> January, 2016.
- d. NSS volunteers also performed street play on Road Safety on 27<sup>th</sup> and 28<sup>th</sup> January, 2016 in Bhagat Singh Nagar, Shatri Nagar and Siddharth Nagar.

e. Road safety rally was organised as per the guidelines Traffic Control Dept., Malad (W) on 01<sup>st</sup> Feb. 2016. Volunteers of J.M PATEL College, MVM College and Nirmala Niketan College participated in the rally.

## **8. HEALTH PROJECT**

Under Health Project following activities were conducted:

- a. In the month of August, every Sunday, our NSS volunteers helped in BMC Health camp organized in Bhagat Singh Nagar in which free check-up of Blood Pressure, Haemoglobin, Diabetes, Eye Check-up, etc were done.
- b. Guest lecture on Dengue Malaria awareness was organized in association of BMC Health Dept., P/S ward on 14<sup>th</sup> August, 2015. Officers from Health Department address the students.
- c. On 2<sup>nd</sup> September, 2015 a Guest lecture on Eye care was organized. Dr. Yadav from Eyecare addressed the students about causes of eye injuries and precautions to be taken. Among that 62 volunteers participated in the lecture.
- d. From 26<sup>th</sup> Oct., 2015 to 29<sup>th</sup> Oct., 2015 our 20 NSS volunteers conducted Dengue and Malaria Survey in association with P/S BMC Dept., Total 1100 families were visited by the volunteers to conduct the survey.

## **B) UNIVERSITY/STATE/DISTRICT LEVEL PARTICIPATION**

NSS Volunteers participated in following University/State/District level NSS activities:

➤ **TREE PLANTATION:** -

Two of our AVHAN volunteers participated in the **TREE PLANTATION DRIVE** held at Kalian University led by Prof. D.G.Phondekar on 5<sup>th</sup> June, 2015.

➤ **STATE LEVEL AWARD FUNCTION:** -

11 of our NSS volunteers participated in the State Level Award of NSS Cell, University of Mumbai held at Vidyathi Bhavan, Churchgate on 8<sup>th</sup> June, 2015.

➤ **WORLD POPULATION DAY**

04 NSS volunteers participated in World Population Day programme organized by Raheja college.

➤ **DENGUE MALARIA AWARENESS**

10 Volunteers participated in Dengue Malaria Awareness programme organized by KES college in association with BMC Dept.

➤ **PEACE RALLY-**

On 6<sup>th</sup> August, 2015 our 103 NSS Volunteers participated in the Peace Rally organised by NSS Cell University of Mumbai at Churchgate.

➤ **LEADERSHIP TRAINING CAMP**

Our 02 NSS volunteers Mr. Abhijith Nair and Ms. Vaishnavi Muthaiah participated in Leadership Training Camp organised by NSS Western Zone, University of Mumbai.

➤ **WORKSHOP ON BLIND FAITH:**

On 2nd September 5 of our NSS volunteer attended workshop organized by S.M.Shetty College at Powai on Blind Faith.

➤ **DISASTER MANAGEMENT PROGRAMME**

NSS volunteers participated in Disaster Management Programme organized by Majithia College on 7<sup>th</sup> September, 2015 to 9<sup>th</sup> September, 2015.

➤ **NRD/SRD SELECTION**

Our NSS Volunteer Mr. Prashant Naik participated in NRD/SRD selection camp at Nanded from 8<sup>th</sup> September, 2015 to 11<sup>th</sup> September, 2015.

➤ **ROAD SAFETY SEMINAR**

02 NSS volunteers participated in Road Safety seminar organized by KES College on 15<sup>th</sup> September, 2015.

➤ **PEER EDUCATOR TRAINING AT MDACS**

02 NSS volunteers participated in Peer Educator Training organized by MDACS (Mumbai District Aids Control Society) on 15<sup>th</sup> September, 2015.

➤ **YUVATI MELA**

On 24<sup>th</sup> September, 2015 our 05 girl NSS volunteers participated in Yuvati Mela organized by DTSS college.

➤ **RALLY ON SWACCH BHARAT ABHIYAN**

ON 1<sup>st</sup> October, 2015 our 04 NSS Volunteers participated in Rally on Swacch Baharat Abhiyan organized by BMC Health Dept., P/S ward.

➤ **BHAJAN SANDHYA (GANDHI JAYANTI) :-**

On 2<sup>nd</sup> October, 2015 our 15 Volunteers attended Bhajan Sandhya at Gateway of India organised by University of Mumbai.

➤ **RUN FOR UNITY: -**

Our 04 NSS Volunteers participated in 'Run for Unity' rally organised by University of Mumbai on 31<sup>st</sup> October, 2015.

➤ **CULTURAL PROGRAMME**

As per the requirements of volunteers for university activity, 10 volunteers attended Cultural Programme at Kalina campus of Mumbai University on 6<sup>th</sup> January, 2016.

➤ **SWAMI VIVEKANAND BIRTH ANNIVERSARY**

Our 05 NSS volunteers participated in the programme organised on account of Swami Vivekanand Birth Anniversary on 12<sup>th</sup> January, 2016 at Kalina Campus of University of Mumbai.

➤ **YUVA DIVAS**

Our 04 NSS volunteers participated in programme organised by NSS Cell, University of Mumbai on account of YUVA DIVAS on 12<sup>th</sup> January, 2016 at Churchgate.

➤ **ROAD SAFETY DRIVE**

Our 10 NSS Volunteers participated in Road Safety Drive organised by Majithia College on 22<sup>nd</sup> January, 2016. Volunteers helped Kandivali Traffic Control Dept., in controlling road traffic in Charkop and created awareness about importance of road safety rules.

➤ **SEMINAR ON UPSC AND MPSC**

10 NSS volunteers participated in Seminar on UPSC and MPSC organized by J.M Patel College on 09<sup>th</sup> Feb. 2016.

➤ **MEGA SWATCH BHARATH ABHIYAN**

20 volunteers of our NSS unit participated in the Meha Swatcha Bharath Abhiyan at Charkop on 13<sup>th</sup> Feb. 2016, organized by KES College in Association with BMC Dept.

**C) COLLEGE LEVEL ACTIVITIES**

➤ **FIRST YEAR ORIENTATION**

On 4<sup>th</sup> July, 2015, NSS Orientation was organized for first year students. Previous and current year NSS POs addressed the students. Students were informed about activities of NSS, benefits of NSS and hours to be completed.

➤ **BLOOD DONATION DRIVE**

On 31<sup>st</sup> of July, 2015, Blood Donation Drive was conducted in association with Meenatai Thackeray Blood Bank. **Total 191 blood units were collected.**

➤ **THALESSEMIA SCREENING: -**

On 3<sup>rd</sup> August, 2015, Thalassemia test was conducted for all Third-Year students in association with Think Foundation. Total 497 third year students were tested. Among these, 02 students detected with Thalassemia Minor and the counselling session was conducted for them.

➤ **INTERNATIONAL YOUTH DAY**

International Youth Day was observed on 12<sup>th</sup> August, 2015. A guest lecture by Father. Sandeep Borges was organized. He highlighted the life of youth and the right way of channelizing energy of youth. Total 71 Volunteers attended the Session. Our volunteers have also taken a pledge on International Youth Day.

➤ **ORIENTATION OF ANUBHAV MUMBAI**

Programme co-ordinators of Anubhav Mumbai conducted orientation on activities of Anubhav Mumbai on 13<sup>th</sup> August, 2015.

➤ **INDEPENDENCE DAY**

On 15<sup>th</sup> August 2015, 50 of our NSS volunteers participated in Independence Day celebration organized by our college.

➤ **GROUP BONDING SESSION**

On 4<sup>th</sup> September, 10 NSS volunteers participated in Group Bonding Session organized by Anubhav Mumbai.

➤ **ORIENTATION OF PCGT**

An Orientation of PCGT was organized. Mr. Mithun addressed the students about the working and activities of PCGT on 15<sup>th</sup> September, 2015. 72 NSS volunteers participated in the orientation.

➤ **VISIT TO OLD AGE HOME: -**

On 22<sup>nd</sup> September, 2015 our 20 NSS volunteers visited ASSISI BHAVAN (old age home). The volunteers interacted with old age people, and performed cultural activities for them.

➤ **PAPER BAG DISTRIBUTION: -**

NSS Volunteers distributed total 200 paper bags in Bhagat Singh Nagar on 26<sup>th</sup> September, 2015 to create awareness about less use of plastic bags.

➤ **JUHU BEACH CLEANING:**

NSS Volunteers participated in Post Ganapati Visarjan Juhu Beach Cleaning activity along with Indian Development Foundation on 28<sup>th</sup> September, 2015.

➤ **RED RIBBON CLUB (RRC) WEEK-**

From 1<sup>st</sup> December, 2015 to 6<sup>th</sup> December, 2015 RRC week was celebrated.



On 1<sup>st</sup> December, 2015, World HIV AIDS Day was observed. A guest lecture on HIV AIDS awareness was organized in association with World Vision and Young Women Christian Association. 60 of our volunteers attended the session.

On 5<sup>th</sup> December 2015, Poster Making Competition on HIV AIDS was organized.

On 5<sup>th</sup> and 6<sup>th</sup> December, 2015, street play on HIV AIDS was performed by our 12 volunteers in various locations like Bhagat Singh Nagar, Shastri Nagar, Motilal Nagar and Siddharth Nagar. Approximately 235 people were made aware of HIV AIDS.

➤ **BLOOD DONATION DRIVE**

On 21<sup>st</sup> December, 2015, second Blood Donation Drive was conducted in association with Nair Hospital, Blood Bank. **Total 87 blood units were collected.**

➤ **STREET PLAY ON CLEANLINESS**

Street play on Cleanliness was performed by our 10 Volunteers in various locations like Bhagat Singh Nagar, Shastri Nagar, Motilal Nagar and Siddharth Nagar on 28th and 29th December, 2015. Approximately 300 people were made aware of Swaccha Bharat Abhiyan.

➤ **ESSAY WRITING**

As per the guidelines of Election Office, college NSS Unit organised Essay Writing Competition on importance of Voting on 14<sup>th</sup> January, 2016. Total 20 volunteers participated in the competition.

➤ **VOLUNTEERING FOR COLLEGE ACTIVITIES**

NSS volunteers actively helped in various college activities like Admission work of First Year students, Orientation of First Year Students, College Foundation day, PTA Meeting, Annual Day, Convocation Ceremony, Pongal Celebration, Annual Prize Distribution, Inter-collegiate Festival – Festomedia, Farewell Ceremony etc.

**NSS RESIDENTIAL CAMP:**

As per guidelines of University of Mumbai this year NSS residential camp was organised at Adivasi Ashram School, Sakhare, Vangaon, Dist. Palghar from 16<sup>th</sup> November, 2015 to 22<sup>nd</sup> November, 2015. Total 63 NSS volunteers participated in the camp.

In these seven days volunteers constructed 02 soak pits in Campus of Adivasi School for waste management. Volunteers levelled Kaccha Road in Adivasi Pada. Students also helped Dena Bank, Vangaon in survey of Atal Pension Yojana and created awareness about benefits of Atal Pension Yojana.

Volunteers performed street play on Cleanliness, Blind Faith, Child Marriage, Addiction, and Women Literacy in School Campus. Our volunteers also cleaned the school campus. Our NSS PO Mr. Prabhakar Musam guided 10<sup>th</sup> Std. students on career options.

Volunteers created awareness about Dengue, Malaria and HIV AIDS in nearby Adivasi Padas. They also distributed clothes to people in nearby Adivasi padas.

Various lecture sessions were organised like on 'National Service Scheme' by Former District Co-ordinator Mr. Sushil Shinde, on 'RTI' by Mr. Mithun from PCGT, on 'Constitution' by Mrs. Swati Rane of Anubhav Mumbai, on 'Self-defence' by Ms. Afsana Shaikh from IDF, on 'Blind faith' by Mr. Rajendra Koli, on 'Atal Pension Yojana' by Assistant Manager of Dena Bank, Vangaon.

We also donated 96 books made of recycled papers to the Adivasi Ashram School.

On last day volunteers visited Water Purification centre, Vangaon and Sakhare Dam.

During these seven days volunteers learnt many things like team work, dignity of labour, leadership qualities, how to leave in adverse conditions etc. They were also sensitized about condition of Adivasi people.

### **SPECIAL ACHIEVEMENTS**

- Our Volunteers Mr. Prashant Naik and Mr. Pravin Rawal represented University of Mumbai in Chancellor's Brigade State Level Disaster Preparedness Programme NSS Wing (Avahaan) from 25<sup>th</sup> May, 2015 to 3<sup>rd</sup> June, 2015.
- Our college NSS Unit was awarded Best College Supporter Award by Indian Development Foundation for the academic year 2014-15.
- Our college NSS volunteers got 08 prizes in different categories – Singing, Street Play, Speech competition, Essay Writing, Poster Making Competition, Rangoli Competition, Poetry Writing etc. in Theme Day of Anubhav Mumbai for the academic year 2015-16.

